



SARS CoV 2 Virus – Note to Parents

TRAINING - Return to Cricket Risk Assessment and Action Plan – April 2021

Until further notice Primrose Hill Cricket Club ('PHCC') is required to enforce the following guidelines to minimise the risk of infection from the SARS CoV 2 virus.

These guidelines are prepared under the **ECB's Recreational Cricket COVID Guidance in England (26/03/2021)**, available [here](#) and the **Government roadmap for Step 2 (12.04.2021)**, available [here](#).

The main risks during PHCC cricket activity comes from players and coaches coming into contact with each other and sharing equipment and personal belongings. To minimise this risk, the relevant UK Government social distancing guidance and recreational rules in this notice should be adhered to at all times.

Tracking and Tracing:

PHCC has a database containing full records for every member.
All parents and officials can be quickly contacted if required.

All participants (players, parents and coaches) are to report any infection of their household to the NHS Test and Trace system following use of the facility to limit the spread of the virus.

ECB Guidelines:

- for Training: participants must comply with the **ECB's COVID-19 Plan for Organised Outdoor Cricket Activity in England from 12th April 2021** [here](#).
- for Matches: participants must comply the **ECB's COVID-19 Plan for Organised Cricket Matches in England from 12th April 2021** [here](#).

GENERAL RULES for training and matches - for players, volunteers, spectators, parents, coaches and officials:

- Before attending, all participants must self-assess for COVID-19 symptoms (high temperature, a new continuous cough, a loss of smell or taste). If they have any of these, they should not attend any cricket activity and should follow NHS guidance on self-isolation.
- Personal hygiene measures should be carried out at home and participants should bring and apply their own hand sanitiser to/at the grounds.
- Car sharing is not permitted with someone from outside a participant's household or support bubble.
- Participants should bring their own food/ drinks.
- Changing rooms should not be used except by people with disabilities, but toilet facilities are accessible.

Training Sessions/ Nets/ Camps

Players

- Players should prepare their personal equipment while social-distancing.
- Sharing of equipment and clothing must be avoided, especially around the head and face (eg: helmets) so players should make provisions to bring their own equipment.
- Where sharing takes place (eg: balls), equipment must be cleaned before use by another person.
- Players should not hand equipment or clothing to the coaches. Any such equipment must be disinfected for the next session of use.
- Before leaving home and on reaching the venue, players should wash and/or sanitise their hands.
- No sweat or saliva is to be applied to a ball at any time. In case of infringement, the ball must be immediately disinfected.
- Hand sanitiser should be used at all breaks in activity and every 6 overs during match play.
- If players wish to wear a mask or gloves, they may do so, as long as the gloves are not shared (ie. baseball or wicket-keeping gloves).
- Players and coaches should maintain social distance and there should be no physical contact between players or coaches at any time.
- Players (and parents) should leave the venue as quickly as possible after training while maintaining social distancing.

Parents

- People can meet outdoors in groups of up to 6 people, or as a group of 2 households. When using indoor facilities such as toilets, should not mix with others they do not live with (or share a relevant bubble with) indoors, unless an exemption applies.

Matches

In addition to the above rules for training, players:

- should maintain social distance with players in other teams and Match managers
- should wipe their hands with handwipes/ sanitiser if they touch stumps, scorebooks, boundary markers or club equipment
- should not share water bottles or any form of juice/cold drinks.
- should bring their own sanitizer in their kit bag for cricket.
- should not apply any saliva or sweat on the ball, and allow balls to be sanitised every 6 overs
- should not hand their cap or any clothing to the umpire. This can be placed on a run up mark if a bowler or outside the boundary if a fielder – no run penalty if the ball is obstructed by this clothing.
- Should celebrate with elbow bumping, keeping their physical distance at all times.
- When running between the wickets, batsmen should run to the side of the wicket at a distance that ensures social-distancing from other batsmen and the bowler.
- Should leave the venue as quickly as possible after the game.

All players, parents and coaches are requested, if they feel unwell or have any symptoms following any training, to report it the Club at info@primrosehillcc.org marked URGENT and follow the NHS Guidelines for COVID-19.

First Aid

- The club will have first aid kit and hand sanitiser at all training sessions/ camps.
- In the event that a player or any adult needs CPR, the Coach should call 999 asap in the first instance as per the guidance given by Resuscitation UK and follow the guidelines set out at (<https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/>)

In the event of medical emergencies, the nearest hospitals to Regents Park and Brondesbury CC are:

St Mary's Hospital Paddington -

- Address: Praed St, Paddington, London W2 1NY
- Open 24 hours (Emergency department: Open 24 hours)
- Phone: 020 3312 6666

Royal Free Hospital -

Address: Pond St, Hampstead, London NW3 2QG

Open 24 hours

Phone: [020 7794 0500](tel:02077940500)

Other emergency contacts:

- PHCC Child Welfare Officer: Sara Perry: 07917 000123
- Local Police emergency contact: 999
- NSPCC (www.nspcc.org.uk) Freephone 24-hour Helpline: 0800 800 5000
- Childline UK (www.childline.org.uk) Tel: 0800 1111

Thank you to all our parents and players for abiding with the guidelines from the ECB.