



SARS CoV 2 Virus – Note to Coaches

TRAINING - Return to Cricket Risk Assessment and Action Plan – July 2020

Until further notice Primrose Hill Cricket Club ('PHCC') will be enforcing the following guidelines to minimise the risk of infection from the SARS CoV 2 virus.

These guidelines are prepared under the guidance of the **ECB's Recreational Cricket COVID Guidance in England (26/03/2021)**, available [here](#) and the **Government roadmap for Step 2 (12.04.2021)**, available [here](#).

The main risks during PHCC cricket activity comes from players and coaches coming into contact with each other and sharing equipment (including the ball) and personal belongings. To minimise this risk, we are putting the following steps in place.

For all activity, the relevant UK Government social distancing guidance should be adhered to at all times.

Tracking and Tracing:

PHCC has a database containing full records for every member. This includes:

- email addresses and phone numbers for the parent/ guardian of every playing member of the club.
- age, school and other relevant data (including allergies and relevant health issues) for every player at the club.
- the full sheet for every camp/ training session including a register of those players attending camps.

All parents and officials can be quickly contacted if required.

All participants (players, parents and coaches) are to report any infection of their household to the NHS Test and Trace system following use of the facility to limit the spread of the virus.

Players, volunteers, spectators, parents, coaches and officials must comply with the **ECB's COVID-19 Plan for Organised Outdoor Cricket Activity in England from 12th April 2021** [here](#).

Before attending, all participants must self-assess for COVID-19 symptoms (high temperature, a new continuous cough, a loss of smell or taste). If they have any of these, they should not attend any cricket activity and should follow NHS guidance on self-isolation.

Personal hygiene measures should be carried out at home and participants should apply hand sanitiser to/at the grounds. (The Club will provide this).

Changing rooms should not be used except by people with disabilities, but toilet facilities are accessible.

Training Sessions/ Nets/ Camps

Coaches

- Coaches must ensure they make themselves familiar with the ECB guidelines ([here](#)).
- Coaches should maintain social distance from players and other coaches.
- If there are any changes to the attendees of a training session, coaches should note this in the register.
- Coaches should set up any stumps or equipment and sanitise their hands afterwards.
- Coaches should greet players, ensure social distancing and remind players they must follow the guidelines outlined in this document.
- Coaches should wipe down any shared equipment at the end of each training session so it is disinfected for the next session.
- The Head Coach must undertake the risk assessment (sent separately) for each session under sections:
 - Facilities capacity
 - Organised activities
 - People management and communication
 - Hygiene and cleaning

Players will be informed of the following rules:

- Players should arrive in kit and ready to warm up.
- Players should prepare their personal equipment while social-distancing.
- Sharing of equipment must be avoided, especially around the head and face (eg: helmets) so players should make provisions to bring their own equipment, including a ball. Where sharing takes place, equipment must be cleaned before use by another person.
- Players should be encouraged to sanitise their hands.
- No sweat or saliva is to be applied to a ball at any time. In case of infringement, the ball must be immediately disinfected.
- Hand sanitiser should be used at all breaks in activity and every 6 overs during match play.
- If players wish to wear a mask or gloves, they may do so, as long as the gloves are not shared, ie. baseball or wicket-keeping gloves.
- Players should maintain social distance – as should coaches.
- There should be no physical contact between players or coaches at any time.
- After activity, participants must exit while maintaining social distancing and limit the time at the ground.

Parents will be informed of the following:

Parents can meet outdoors in groups of up to 6 people, or as a group of 2 households. When using indoor facilities such as toilets, they should not mix with others they do not live with (or share a relevant bubble with) indoors, unless an exemption applies.

All players, parents and coaches are requested, if they feel unwell or have any symptoms following any training, to report it the Club at info@primrosehillcc.org marked URGENT and follow the NHS Guidelines for COVID-19.

First Aid

- The club will have first aid kit and hand sanitiser at the venue.
- Coaches will wash hands on arrival and on leaving. If they need to touch a player's bat or ball at any point, they will use hand sanitiser before and after doing so and will do so at a social distance from the player.
- If a coach needs to administer first aid, they should ask the player to administer it himself or herself if possible, by providing the player with what is needed using gloves. The Coach should then dispose of the gloves in a plastic bag and wash their hands.
- The player should dispose of anything they have used in a plastic bag and wash their hands. The plastic bags will be sealed and double bagged before being binned.
- In the event that a player or any adult needs CPR, the Coach should call 999 asap in the first instance as per the guidance given by Resuscitation UK and follow the guidelines set out at (<https://www.sja.org.uk/get-advice/first-aid-advice/covid-19-advice-for-first-aiders/>)

In the event of medical emergencies, the nearest hospitals to Regent's Park and Brondesbury CC are:

St Mary's Hospital Paddington -

- Address: Praed St, Paddington, London W2 1NY
- Open 24 hours (Emergency department: Open 24 hours)
- Phone: 020 3312 6666

Royal Free Hospital -

Address: Pond St, Hampstead, London NW3 2QG

Open 24 hours

Phone: [020 7794 0500](tel:02077940500)

Other emergency contacts:

- PHCC Child Welfare Officer: Sara Perry: 07917 000123
- Local Police emergency contact: 999
- NSPCC (www.nspcc.org.uk) Freephone 24-hour Helpline: 0800 800 5000
- Childline UK (www.childline.org.uk) Tel: 0800 1111
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Thank you to all our Coaches for abiding with the guidelines from the ECB.